



Dr RUSSO
SUN PROTECTIVE SKINCARE

The Rejuvenation Clinic & Medispa

Dr RUSSO

The Rejuvenation Clinic & Medispa is London's premier anti-ageing practice, providing outstanding medical care and unique customer service for the past 10 years. We are committed to the best available medical care for our patients, and we have invested in the resources necessary to achieve that.

Founded in 2004 by the world's leading Cosmetic Surgeon Dr Luca Russo, MD, MSc, we only provide the latest FDA approved, clinically proven, anti-ageing procedures like Thermage Skin Tightening, Fraxel Skin Rejuvenation, Coolsculpting and Aqualyx Fat Removal, Wrinkle injections, Juvederm, PRP, Stem Cells, Mesotherapy, and Laser Hair Removal at our state of the art flagship clinics at 102 Harley Street and Canary Wharf.

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Medical Treatments

Consultation and Skin Analysis

Botox – as we age our skin loses its firm and youthful appearance. Botox injections are the most effective quick and convenient treatment for tackling the appearance of fine lines and wrinkles without any need for surgery.

1 Area - **£199**

2 Area - **£299**

3 Area - **£399**

4 Area - **£499**

Underarm Botox - **£595**

Any additional areas required will be charged accordingly

Dermal Fillers – are an effective way to treat wrinkles and add volume to the lips, cheeks, fine lines, Nasolabial lines and chin. Available fillers Restylane® and Juvederm .

Lip Enhancement

Nasal Labial Folds - **£375**

Lips and Nasal Folds - **£725**

Nose Reshape - **£750**

Restylane Skin Booster - **£499**

PRP Treatment

Platelet-rich plasma (PRP) facial, includes drawing blood from your arm, separating the platelets, and then injecting them into your skin via microneedling. The doctor runs the needle pen over your face while injecting the platelets into the mini injection holes. Since the platelets are high in growth hormone, and the microneedling stimulates the skin to regenerate, the entire procedure is meant to aid cell turnover, collagen production and facial rejuvenation.

Facial - **£595**

Neck - **£595**

Chest - **£595**

Face and Neck - **£995**

Face, Neck and Chest - **£1295**

Fraxel

Fraxel Restore and Dual – is a non-ablative fractionated laser that stimulates collagen growth in the skin resulting in a healthy glow, smoother texture and improved appearance. The laser energy produces a wound healing response without injuring the skin surface, allowing for a faster recovery time, typically 2-7 days. A series of non-ablative laser treatments can improve fine lines, mottled pigmentation, melasma, acne scars, surgical scars, stretch marks and enlarged pores.

Facial Rejuvenation - **£795**

Neck Rejuvenation - **£795**

Chest Rejuvenation - **£995**

Hand Rejuvenation - **£595**

Facial and Neck Rejuvenation - **£1295**

Facial, Neck and Chest Rejuvenation - **£1995**

Fraxel Repair – is an ablative fractionated laser that vaporizes tissue in a precisely controlled manner to promote new collagen formation and skin rejuvenation. Recovery time is longer and can range from a few days to a few weeks. Ablative lasers are most useful for improving scarring, moderate wrinkles, severe sun damage, moderate skin laxity and mottled pigmentation.

Eye Rejuvenation - **£1250**

Facial Rejuvenation - **£2450**

Neck Rejuvenation - **£1250**

Chest Rejuvenation - **£1950**

Hand Rejuvenation - **£995**

Facial and Neck Rejuvenation - **£2950**

Facial, Neck and Chest Rejuvenation - **£3950**

Thermage

Aging affects us all – the way we act, the way we feel, and definitely the way we look. But with advancements in skin care, you can have a say in the way aging affects your skin – and maybe even get back to the way you looked not so long ago. Thermage is a proven, unique radiofrequency treatment that can help improve the appearance of sagging or loose skin, giving you a smoother, sleeker and younger look and feel. Thermage works in just one treatment with little down time and delivers a natural looking result. It's you, just younger looking and more confident.

Facial Rejuvenation - **£2450**

Facial and Neck Rejuvenation - **£2950**

Abdominal Rejuvenation - **£2450**

The Coolsculpting procedure

A team of world renowned scientists at Harvard University led by Prof Rox Anderson, have developed the Zeltiq Coolsculpting procedure for the non surgical removal of fat. Zeltiq Coolsculpting utilizes a precisely controlled cooling method called Cryolipolysis to target, cool, and eliminate fat cells without damage to other tissue.

With the Coolsculpting procedure, a specially designed cooling applicator is applied to the desired area of fat reduction to extract energy (cooling) from the underlying fat tissue without damage to other tissues. The applicator cup uses a gentle vacuum pressure to draw the tissue between the cooling panels. During the procedure, the applicator delivers precisely controlled cooling conditions that have been proven to target and eliminate fat cells in specific areas of the body. When fat cells are exposed to precise cooling, they trigger a process of natural removal that gradually reduces the thickness of the fat layer.

Zeltiq Coolsculpting - £450 per area

How Coolsculpting works

The Coolsculpting device controls the rate of energy extraction or cooling during the procedure. The result is a reduction in fat deposit that is visible in most patients in two to four months. The fat cells in the treated area are gradually eliminated through the body's normal metabolic processes, similar to how fat from food is eliminated.

With this non-invasive technology, there are no needles, no incisions, no need for anesthesia or pain medications, and no recovery time. Patients typically resume normal activities on the same day as the procedure, making it a good choice for patients seeking a non surgical alternative to liposuction.

Mesotherapy – is a sub-cutaneous procedure, where specially-formulated concentrated amounts of active nutrients are injected into a localised area of the body.

Protecting the skin against the free radicals that are so often responsible for premature ageing and wear, this skin rejuvenation treatment works to rehydrate and tone up the skin's surface.

Injecting an influx of vitamins, minerals, enzymes, hyaluronic acid, collagen and retinol into the skin's layers will lessen the appearance of fine lines and wrinkles, with mesotherapy using a strikingly fine needle and a custom-created mesogun for effective results.

Full Face - **£195**

Neck - **£195**

Chest - **£295**

Hands - **£195**

Derma roller

- To reduce fine lines and wrinkles on the face and décolletage
- Rejuvenate hands and minimise signs of ageing
- Revitalise aged and sun damaged skin
- Reduces acne scarring
- The removal of stretch marks

Prices from - £295

Derma roller Therapy utilises sterile single-use medical devices. The Aesthetic Practitioner will use a Derma roller medical device to produce thousands of micro-medical needle-columns in the skin. Each column will penetrate into the dermis of the skin and will be approximately 0.1mm in width. The column will close rapidly enabling the skin to recover quickly – often in the same day.

After the procedure your body will start to naturally regenerate and repair the skin, working below the surface in the dermis. This takes time as new collagen is formed, new skin cells are generated and blood supply is enhanced. It can take up to 6 weeks before visible signs of regeneration and repair are seen and the process will continue over the following months, providing you with a natural and long lasting enhancement.

Peels

Dermaceutics

Mask Peel - £85

Milk Peel - £85

Zo Medical Glycolic Stimulator Peel - £110

Laser Hair Removal _____

Laser hair removal works by targeting the hair follicle with laser light, this energy damages and goes on to destroy the hair follicle, thus stopping the follicle from producing further hairs. The laser delivers an intense beam of light, which is absorbed by the hair follicle whilst the surrounding tissue remains unaffected.

Consultation and Patch test is required and are complementary.

Prices below are for single sessions only.

A minimum course of 6 sessions are required and possibly more after depending on hair growth structure.

Course prices are available in clinic upon request.

Facial Treatments _____

Allow yourself to be pampered by the expert hands of Vinotherapists who will lavish upon you exceptional treatments with Caudalie products, lauded by doctors and surgeons across the world for their exceptional results and anti-oxidant properties.

Caudalie Introduction

Caudalie is a most beautiful, glamorous French skincare brand, that combines the latest scientific techniques with the ancient secrets from their vineyards in Bordeaux. A Caudalie product delivers gorgeous textures and aromas that are a delight on the skin, whilst delivering exceptional results. Caudalie Vinotherapists are extensively trained to deliver the ultimate in luxurious, indulgent treatment experiences, which are globally recognised as a must have treatment experience.

Signature Treatments / Rituals

Ultimate Face and Body Experience (2hrs) - **£125**

This treatment starts with a full body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth, followed by a luxurious divine body massage. This is followed by a facial cleanse, exfoliation, massage then finishing with a Cranial Scalp Massage for ultimate tranquility.

D-Vine Back Face and Scalp Treatment (1hr 30mins) - **£95**

This luxurious back, face and scalp treatment starts with a cleansing of the back, followed by exfoliation and a deep tissue back massage to ease away stress and tension. As your body is relaxed we treat and hydrate your skin with a Caudalie facial to suit your wishes, finishing with a Cranial Scalp massage to calm your mind.

Facial Treatments

Our facial treatments were developed from the unique combination of our patented grape and grapevine ingredients with the latest skincare techniques.

In the hands of our therapists, you'll experience a full regimen of skincare treatments paired with relaxing massages for firmer, healthier, more beautiful skin.

Premier Cru Facial

Ultimate anti-aging (60 mins) - **£110**

This exceptional anti aging facial will lift, moisturize, smooth, plump and even the skin with cutting edge innovative techniques and products from the Premier Cru Range. This advanced facial includes a massage carried out using a roller with a micro-point system which improves the penetration of active Ingredients, stimulating the natural production of collagen and elastin. The application of an exclusive hydrogel mask enriched with Resveratrol-Oleyl and anti-aging active ingredients, will provide immediate tightening and lifting effects to the face and jaw areas. The results are spectacular: wrinkles and fine lines are visibly reduced, the skin is smoother and firmer and a radiant glow enhances the even complexion.

Vineactiv Facial

Anti-wrinkle, Recharge and Glow (60 mins) - **£85**

A deeply energizing vitamin cocktail. This facial treatment hydrates, renews, energizes and protects the skin cells in the epidermis. Combined with regenerating aromatherapy massage using essential oils, an anti-oxidant mask follows, highly concentrated in pink clays, grape marc and coffee, it deeply cleanses the skin while draining toxins. This facial reduces the visual appearance of fine lines and wrinkles, smooths and protects the skin. Your skin looks plumper, youthful and your complexion smooth. This is a perfect facial for those wishing to maintain and protect their skins from the environment and free radical damage.

Vinoperfect Radiance Facial

Complexion correcting/anti-dark spot (60 mins) - **£85**

A unique facial treatment specifically designed to correct the complexion, restoring radiance and vitality to the skin. Specifically created for tired, dull and uneven skin types, this is a must have facial treatment. Exceptional massage techniques with essential oils and small hot and cold basalt stones, awaken the luminosity of the complexion, inducing a feeling of wellbeing. A Radiance Peeling Mask is applied for a gentle peeling action to restore your complexion's even tone. The Vinoperfect Serum adds the finishing touch to this treatment, leaving you looking radiant, even and luminous.

Resveratrol Lift Facial

Firming, Lifting and anti-wrinkle (60 mins) - **£95**

Specially created for skin that lacks firmness, contour and vitality. After skin is gently cleansed, a stimulating massage visibly firms and redefines the contours of your face. The application of a warming mask enhances the lifting effect of Caudalie's Resveratrol Lift products. The toning and lifting effects are immediate, your face appears resculpted. The firming and lifting effects are immediate, your face is as if resculpted, and radiant with youth.

Express D-Vine Facial

Instant glow (30 mins) - **£45**

Specially designed for men and women who are time short, yet still want results. This express treatment is tailor made to meet the needs of every skin type. This facial includes: eye and skin cleansing, deep exfoliation, the application of a customized mask, and a hand massage completes this moment of well-being. The experience is completed with serums and moisturisers to meet your individual requirements. Your skin's freshness, comfort and evenness are restored.

Lifting and Firming Eye treatment

Lifting and Firming (25 mins) - **£40**

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. It starts with a delicate massage followed by the application of a hydrogel patch concentrated in red vine, horse chestnut and ivy leaf that smooth features, substantially diminishing dark circles and instantly reducing puffiness. The eye contour is lifted and the eyes enhanced.

Microdermabrasion (60 mins) - **£85**

Facial microdermabrasion treatment uses a stream of non-allergenic crystals to remove your skin's outermost layers of dead cells. Your therapist will use the handset to direct the stream of crystal over the treatment area and, where necessary, target specific zones. The handset then uses a mild suction to draw away the crystal and skin debris to reveal your new and improved complexion.

Body Treatments

Divine Body Massage

Relaxing – Light to Medium Pressure

30 mins - **£45**

60 mins - **£75**

90 mins - **£90**

Deep Tissue – Medium to Firm Pressure

30 mins - **£50**

60 mins - **£80**

90 mins - **£95**

This treatment incorporates our signature Caudalie massage, featuring our Award-winning Divine Oil. Indulge in the floral, sun-kissed fragrance of Divine oil, while compression techniques gently sooth tension and re-boost your energy. Your skin will be luxuriously softened, moisturized and wrapped in a delicate fragrance blend of roses, grapefruit, pink pepper, vanilla, cedar and white musk. Complete the treatment with an optional application of Divine legs Tinted body lotion for an instant, sun kissed glow... Truly Divine!

Divine Scrub

Firming (5 mins) - **£55**

A glamorous scrub that gently exfoliates your body and helps you regain smooth, fresh skin thanks to brown sugar, grape-seed oil and our Divine Oil. The application of the Nourishing Body Lotion combined with Divine Oil finishes off this treatment and leaves your skin luminous and lightly scented.

Cranial Massage

Relieving and Calming (30 mins) - **£45**

Hand placement on the skull is designed to free energy blockages and promote relaxation. This massage simultaneously stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

Waxing

Using only the highest quality wax products to minimise irritation and re-growth. Our Specialist Harley Hot and Strip Wax will leave you smooth and hair free.

½ Leg Wax - £30

¾ Leg Wax - £38

Full Leg Wax - £50

Under Arm Wax - £20

Full Arm - £35

Half Arm - £25

Lip Wax - £10

Chin Wax - £10

Sides of Face - £10

Hot Wax

Bikini Line - £30

Extended Bikini - £35

Brazilian - £45

Hollywood - £50

Eyebrow Shape - £20

Eye Treatments _____

Eyelash tint - £20

Eyebrow tint - £15

Eyelash and eyebrow tint - £30

Eyelash tint, eyebrow tint and eyebrow shape - £40

All new clients will require a 24 hour patch test

Nail Care _____

Manicure and Pedicure

Luxury Manicure (60 mins) - **£40**

A relaxing and nourishing treatment which includes tidying the cuticles, shaping the nails and exfoliation. A hydrating mask is applied, a relaxing hand massage and finished off with your choice of colour.

Deluxe Manicure (45 mins) - **£30**

Your nails will be shaped, cuticles tidied, hydrating moisturiser will be applied and nails painted.

File and Paint Manicure (20 mins) - **£20**

Nails will be shaped and painted.

Gel Manicure (50 mins) - **£40**

Nails will be shaped, cuticles tidied, nails buffed and application of OPI gel.

Luxury Pedicure (60 mins) - **£**

A relaxing and nourishing treatment which includes tidying the cuticles, shaping the nails and exfoliation. A hydrating mask is applied, a relaxing hand massage and finished off with your choice of colour.

Gel Pedicure (60 mins) - **£50**

Nails will be shaped, cuticles tidied, nails buffed, feet soaked and removal of hard skin, application of OPI gel.



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102 HARLEY STREET
LONDON
W1G 7GB

CABOT PLACE
CANARY WHARF
E14 4QT

Monday to Friday 9am – 8pm | **Saturday** 10am – 7pm | **Sunday** 12pm – 6pm